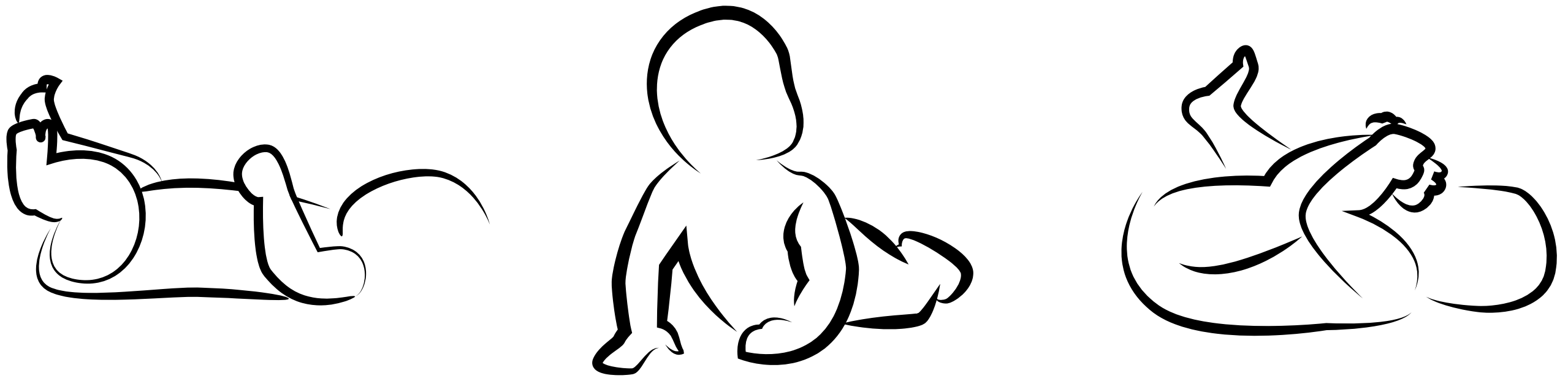


A GENERAL GUIDELINE



Year One

BABY'S DEVELOPMENTAL MILESTONES

WRITTEN AND DESIGNED BY MAMAGUIDE

MAMA 
 **GUIDE**

AS PARENTS WE ALWAYS WANT THE BEST FOR OUR KIDS AND THE BEST **FROM** OUR KIDS. THIS USUALLY MEANS WE WANT TO MAKE SURE THEY MEET THEIR MILESTONES ON TIME. IT IS AN EXCITING AND AMAZING TIME FOR YOU TO WATCH YOUR BABY GROW AND SEE ALL THEIR "FIRSTS". THIS IS A GENERAL GUIDELINE, IT'S IMPORTANT TO REMEMBER THAT BABIES DEVELOP AT DIFFERENT RATES. IF YOU ARE CONCERNED ABOUT YOUR CHILDS MILESTONES DEVELOPMENT YOU SHOULD BRING IT UP TO YOUR CHILDS PHYSICIAN.

1 MONTH

- RESPONDS TO MOM'S VOICE
- MAKES EYE CONTACT
- STARES AT FACES
- LIFTS HEAD WHILE LYING ON STOMACH
- ROTATES HEAD SIDE TO SIDE
- BEGINS TO COO AND MAKE OTHER SOUNDS

2 MONTHS

- SEES HIGH CONTRAST PATTERNS
- LOOKS AT THINGS LONGER
- COOS, AND MAKES OTHER SOUNDS
- ABLE TO VISUALLY TRACK OBJECTS
- HOLDS HEAD UP FOR SHORT PERIODS OF TIME
- FIRST SMILE!
- DISCOVERS HAND. MAY BEGIN TO PUT HANDS IN MOUTH OFTEN

3 MONTHS

- SMILES AND LAUGHS
- CAN HOLD HEAD UPRIGHT
- TURNS HEAD TOWARDS SOMETHING INTERESTING
- BRINGS HANDS TO MOUTH
- BEGINS TO BLOW BUBBLES
- RECOGNIZES CARE GIVERS FACE
- LIFTS HEAD AND SHOULDERS WHEN FACEDOWN
- ATTEMPTS TO GRAB THINGS BUT NOT SUCCESSFULLY

4 MONTHS

- BEGINS REACHING
- GRASPS AND RELEASES TOYS
- CAN BRING HANDS TOGETHER
- RELAXES AND OPENS HANDS AT REST
- COOS AND MAKES NOISE WHEN SPOKEN TO
- ROLLS OVER FROM TUMMY TO BACK
- SHAKES A RATTLE

5 MONTHS

- REACTS & TURNS TOWARDS SOUNDS AND VOICES
- ROLLS OVER IN BOTH DIRECTIONS
- SUPPORTS BODY WEIGHT ON LEGS WHEN HELD
- REACHES TO GRAB
- CAN TRANSFER OBJECTS FROM HAND TO HAND
- CAN GRAB SMALLER OBJECTS
- MAY SIT WITH SUPPORT

6 MONTHS

- BEGINS EATING SOLID FOODS
- MAY SIT WITHOUT SUPPORT
- PICKS UP DROPPED OBJECTS
- MOST BABIES MAY START TEETHING
- REPEATS SOUNDS
- VOCALIZES TO MIRROR AND TOYS
- BEGINS TO MAKE SOUNDS THAT RESEMBLE ONE-SYLLABLE WORDS
- MAY START CRAWLING (AGE RANGE 6-10 MONTHS)
- DRINKS FROM A CUP (OPEN/STRAW)

7 MONTHS

- RESPONDS WHEN CALLED BY NAME
- JABBERS AND COMBINES SYLLABLES
- USES VOICE TO EXPRESS HAPPINESS OR FRUSTRATION
- FINDS OBJECTS THAT ARE UNDER/BEHIND
- EXPLORES MORE WITH HANDS AND MOUTH
- DRAGS OBJECTS TOWARDS SELF

8 MONTHS

- SAYS "MAMA" AND "DADA" TO BOTH PARENTS (NOT SPECIFIC)
- STANDS WITH SUPPORT
- MAY LIFT UP WHILE HOLDING SOMETHING
- CRAWLS
- POINTS AT OBJECTS
- TURNS AWAY WHEN FINISHED EATING
- EXPERIMENTS WITH DROPPING THINGS
- PLAYS "PEEK-A-BOO"
- MIMICS PEOPLE
- MAKES SILLY FACES IN THE MIRROR
- MAY BEGIN SIGNING BACK (IF TAUGHT)

9 MONTHS

- BEGINS "CRUISING" WHILE HOLDING ON TO SOMETHING
- MAY BEGIN WALKING (EARLY WALKER)
- BEGINS TO EAT SMALLER FINGER FOODS (Pincer GRASP)
- BEGINS TO BANG OBJECTS TOGETHER
- DISPLAYS SEPARATION AND STRANGER ANXIETY
- COMBINES SYLLABLES INTO WORD
- WAVES HI/BYE

10 MONTHS

- WAVES HI/BYE
- EATS WELL WITH FINGERS
- USES THE Pincer GRASP
- BEGINS UNDERSTANDING THE WORD "NO"
- SAYS "MAMA" AND "DADA" TO THE CORRECT PARENT
- STANDS ALONE MOMENTARILY
- WALKS (EARLY WALKER)
- CLAPS HANDS
- PROTESTS WHEN SOMETHING TAKEN AWAY FROM THEM

11 MONTHS

- PLAYS PATTY-CAKE AND PEEK-A-BOO
- IMITATE OTHERS OFTEN
- STANDS ALONE FOR A BIT
- CRUISES COMFORTABLY
- WALKS (EARLY WALKER)
- PUTS TOYS INTO CONTAINERS
- "INSIDE" "OUTSIDE" CONCEPT
- INDICATES WANTS MORE CLEARLY
- UNDERSTANDS SIMPLE INSTRUCTIONS

12 MONTHS

- SAYS MORE WORDS
- IMITATES OTHERS' SOUNDS AND ACTIVITIES
- CAN PULLS OFF THINGS LIKE SOCKS
- STANDS WELL
- MAY BEGIN TO WALK
- USES EXCLAMATIONS LIKE "UH-OH!"
- BEGINS TO USE OBJECTS CORRECTLY
- BRINGS TO YOU CLOTHING PIECES TO GET DRESSED
- CAPABLE OF FINDING SOMETHING YOU HIDE